

## IMPORTANCE OF TEMPLE (WORSHIP PLACE) IN NORTH-EAST DIRECTION OF PREMISES

**Dr. Raviraj M. Ahirrao**

Chairman, Vastushastra Education & Research Foundation wing of Vasturaviraj Group, Maharashtra

### Abstract

Vastushastra is a metaphysical edifice science of Indian Origin and it is being professed over several thousand years. It is a science that synchronizes the balance between human life and the nature through the influence of eight directions, five elements, and natural energies, and it is an all pervasive science and it has no barrier of religion and region. The aim of this research work is to study the importance of Temple (Worship place) in North-East direction of the premises by conducting survey and experiments on various aspects of human life. As per Vastushastra North-East direction is positive direction for worship place. Temple (Worship place) is an intrinsic part of every household. Having a worship place in the premises helps to retain the positive energy, prosperity, good harmony, stability, happiness, good health, wealth, peace of mind and lovely environment which ultimately leads to wellbeing of households. The flow of cosmic energy descended on earth from the North-East direction. The same cosmic energy enters our body through the Crown Chakra (Sahasrakra Chakra) thereby energizing our mind and whole body. The effect of ultraviolet rays is very pronounced in the North-East direction and is a favourable and positive factor for good health.

**Keywords:** Worship place, North East direction, Vastushastra.

### Introduction

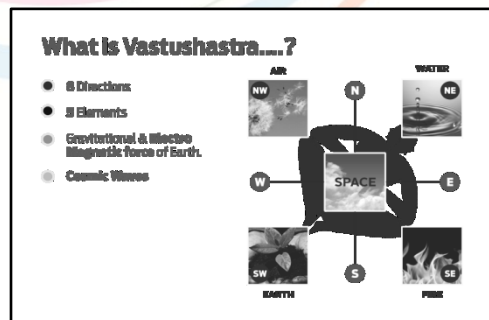
Since ancient times, our sages have recognized and studied 64 art forms and 16 sciences which are closely related to human life. They have made this knowledge available to us in the form of different epics. 'Yogashastra' by Patanjali, 'Ayurveda' by Dhanwantari, 'Charakasamhita', 'Arthashastra' from Kautilya, Chanakya's vision of political science, unique mathematical studies by Arya Bhatta, 'Gandharva Veda' which sings the glory of music, Bhrgu's 'Bhrgusamhita' which later blossomed into 'Jyotish Shastra' (Astrology) and many such classical works are inextricably connected to human life. In fact Vastushastra is also one such subject which finds its origin in ancient scriptures.

Vedas, the ancient Indian scriptures constitute the supremely beautiful literature evolved anywhere on this Earth planet. It vividly describes all aspects of human life, the laws and regulations to be observed so as to enable man to lead a happy, healthy and prosperous moral life. In fact, it is a

splendid guide to man in this earthly life. Vedas are timeless and they have iconic value. They are of divine origin. It is difficult to state whether they were composed by any one individual or in a specific time-span. It can only be said that they were composed much earlier in an oral format even before they were put into the form of written words. Whatever it is, Vastushastra a science of construction is being professed and practiced since time immemorial. The earliest reference to Vastushastra is found in Atharvaveda in the form of Sthapatyaveda. Sthapatyaveda deals with two aspects of Vastushastra. These two aspects are respectively the Muhurtamartanda and Structural Engineering. References to Vastushastra are also found in Mansar, Rigveda, Brihatsamhita, Mayamatam, Vastusar, Vasturatnakar, Vastusandesh, Samarangana Sutradhar, Vishwakarmasamhita etc.

Vastushastra can be defined as, a premises where we have place to hold the feet wall to protect, ceiling for shelter, situated and surrounded by nature with human and/or animal utility. In short Vastushastra is associated with “Vastu” (Premises), where we reside, work, or use it for our day to day life activity including education, religious engagement, social functions etc. Vastu Defect is understood as any arrangement or structure of premises which goes against the prescribed rules and guideline of “Vastushastra”. Vastu defect arises due to non-compliance with Vastushastra prescription. Vastushastra synchronizes the balance between human life and the nature. Vastushastra is an ancient Indian Metaphysical Edifice Science. The word Meta means spirituality and the word Physical means the Scientific base. It derives its force from five basic elements (namely space, air, fire, water and earth), the eight directions (namely North, North-East, East, South-East, South, South-West, West, North-West) (as shown in FIG. 1) and the electro-magnetic and gravitational forces of the Earth, the cosmic energy emanating from the planets as well as the atmosphere. All these universal elements are same everywhere in the world and there is no limitation of geography or religion as regards its application.

Figure 1: Five Basic Elements And Eight Directions of Nature.



Vastushastra and spirituality go together. It is closely linked to residential-commercial, industrial and all types of premises such as educational, religions used by human being. In fact it is all pervasive and one can be sure of success and progress be it service, profession, business, and politics. Vastushastra Science is very important for health, wealth, academic progress, happy marital life, progeny harmony-coordination, career-growth, stability, leadership and creative innovation. Thus, it can be understood that this Science can provide luxuries of life, if properly professed and implemented. The spirituality can ensure satisfaction and peace of mind. It should also be understood that the Science has certain limitations but the spirituality is endless. That Vastushastra is a complete Science can be established by the fact that it is a perfect combination of Spirituality and Science.

Spiritual practice can bring positivity and develops our personality appreciably and improves the religious atmosphere in the premises. Apart from this, spiritual performances/activities help us to release pleasant and unpleasant feelings in that premises. Perfect implementation of Vastushastra in premises attracts natural energy getting more positive energy along with spiritual activity helps to solve the problems in our life.

Vastushastra and Spirituality are inseparable from each other. It was believed and even through generations it is a faith of commences that the universe was formed by Brahma Dev (Brahma God). The other thing is that in fact the universe of Brahma was the work of Vishwakarma the architect of God's and Goddess's and as such Brahma is Vishwakarma and vice versa and that is perhaps the reason, the almighty Brahma God replied to a question from sage Maharshi saying that "Ekoham Bahushyam". I adorn various forms. This is stated on page of "Shree Vishwakarma Puran" edited by Dilip Kulkarni and Nalini Kulkarni. Sage Maharshi has gone further to state that it is important to worship God's before we do all vastu related acts.

Even in "Garud Puran" that is undeniable and undisputed evidence that spirituality and Vastushastra co-exist together. All over the world 48 cultures were diminished but it is Bharatiya culture only which has sustained and remained tall through the ages and generation because it derives its baking from spirituality and that is why it is said "Durlabham Bharatiy Janma".

The myth regarding the birth of Vastu Purush is that Lord Shiva killed a giant, Andhakaasur. A strange person with a wide mouth was born out of a drop of perspiration that fell on the ground from the forehead of Lord Shiva.

This person, hungry right from his birth, finished the corpse of Andhakaasur, and then prepared himself to take morsel of the whole universe. As the corpse could not satisfy his hunger, he started hard penance, pleased over which, Lord Shiva granted him the boon that he had desired. The Gods and Danavas were frightened with sanction of this boon.

Rog	Naag	Mukhya	Bhallat	Som	Charak	Aditi	Diti	Ishy
Paap								Parjanya
Shosh								Jayant
Asur								Indra
Varun								Surya
Pushadant								Satya
Sugriv								Bhrush
Drodarik								Aakash
Pitru	Mrug	Bhrungraj	Gandharv	Yam	Gruha kahak	Vitath	Pusha	Anil

Figure 2: Vastupurush Mandal

Perhaps for the first time, the Gods and Danavas, came together to defeat the purpose of this giant. This event was unique one that the Gods and Danavas, came together for protecting themselves from the attempt to grab the whole universe by the giant. He was made to bow before Lord Shiva and confined himself by agreeing that all the people on the earth would offer a morsel to this person, as the morsel for Vaishvadeva (food offered before taking meals) before starts of their daily meals, besides offering, will also be made out of meal that would be prepared at the time of Vastushanti. Various sections in Vastupurush Mandal (FIG. 2) were named after all those who were present at the time of this agreement. The belief prevailed then that those who follow this tradition of offering would enjoy blessing of the Vastupurush.

## 1.1) Essential Constituent of Important Directions

### 1.1.1) North-East (Ne) Region

North-East direction is sub direction between North and East (as shown in fig. 3). Four things are very important in this region. They are entrance, reception, bath room, and Worship Place (God's shrine) in the order of priority. North-East direction is symbol of wealth flow, health and academic progress (as shown in Fig. 3).

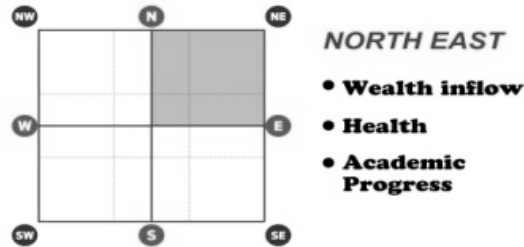


Figure 3: North-East Region

### 1.1.2) South-East (Se) Region

South-East direction is a sub direction between South and East (as shown in Fig. 4) and it is basically a region for the fire element. Fire denotes energy which in turn indicates speed, motion and progress. South-East direction is symbol of acceleration in progress, control over obstacles and unproductive expenses and female power centre. According to Vastushastra furnace, electric transformer, boiler, server room, creative working department are expected to be located in South-East region.

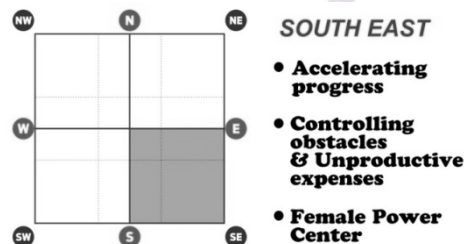


Figure 4: South-East Region

### 1.1.3) South-West (Sw) Region

South-West direction is sub direction between South and West (as shown in FIG. 5). Basically South-West direction is place of earth element i.e. high heaviness is expected here as per Vastushastra. The earth element contributes to stability, leadership, self-confidence, and enhances decision making abilities in an individual. In residential premises master bed room in South-West region is most important for stability of family.

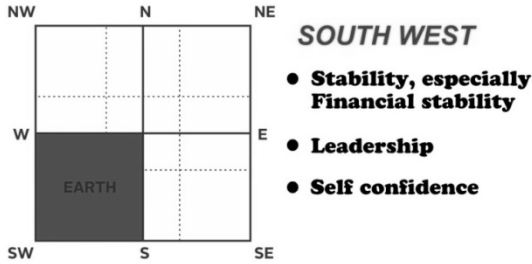


Figure 5: South-West Region

#### 1.1.4) North-West (Nw) Region

North-West direction is sub direction between North and West (as shown in FIG. 6) and is basically a region of air element. It is responsible for harmony, co-ordination, relationship, communication, business promotion, easy going at government level, an undisturbing legal compliance, peaceful life, and team spirit etc. According to Vastushastra guest room, septic tank, toilet, storage, and promotional products etc are expected to be located in North-West region.

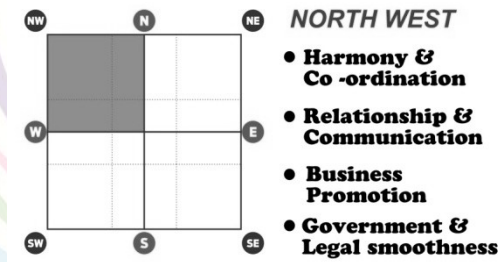


Figure 6: North-West Region

#### 1.1.5) Brahma Region

Brahma region is place of space element that means central zone which is  $1/9^{\text{th}}$  or 11.2% of entire premises or plot (as shown in FIG. 7). It should be weightless and open to sky. The space element has an ability to hold all constituents together, hence according to Vastushastra space element is responsible for bonding, binding and loyalty.

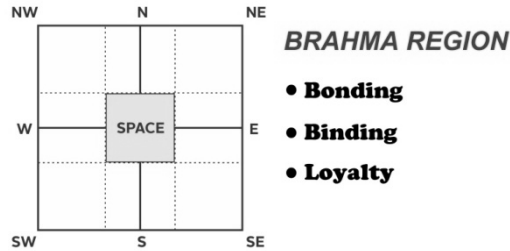


Figure 7: Brahma Region

## 2) Temple (Worship Place)

Temple (Worship place) is an intrinsic part of every Hindu household. The Hindu families are said to be very spiritual and conduct worship at least once in a day. A traditional Hindu household always has a separate room for worship or arrange small worship place in home. This is mainly because rituals such as puja, japa i.e. chanting of the God's name and mantras, reading of the scriptures, prayers, meditation etc are an integral part of Hindu worship. In Hindu culture God is considered the owner of all creation. All members of the family worship the Divine spirit here. Hindu people keep multiple gods in worship place as per their belief system. Because they believe in multiple gods and each God has a special role to play in the lives of every Hindu individual. Goddess Laxmi is the goddess of wealth and prosperity. Goddess Saraswati is the giver of knowledge. The Lord Shiva is regarded as the destroyer of all evils. Lord Ganesha gets rid of all hurdles and problems that prevent us from progressing. Each deity has a special duty towards the individuals in the premises. Having a worship place in the premises helps to retain the positive energy, prosperity, good harmony, stability, happiness, good health, wealth, peace of mind and lovely environment. Like Hindu religion, other religions such as Muslim, Christian, Buddhist etc, also demarcate worship place in their homes as per the belief system professed by them through the ages and generations. The worship place in our premises should be planned according to Vastushastra, because it is the place where we meditate and worship. So, it is important to gain positive energies to connect with God.

### 3) Temple (Worship Place) as per Vastushastra:

North-East direction is most suitable and auspicious direction to create keep worship place (FIG. 9). But keep facing of worship place i.e. Gods towards South-West direction, because during the worship our face is in North-East direction. The North South axis of the earth is inclined to the East by 23 degrees (FIG. 8). The movement of the Earth towards the Sun begins from the North-East direction. Therefore, the flows of cosmic energy descend on this planet from the North-East direction. Thus, this is the area or closest point from where the planetary and natural energy descend on us directly from the Sun God. The same cosmic energy enters our body through the Crown Chakra (Sahasrahar Chakra) thereby energizing our mind and whole body. The effect of ultraviolet rays is very pronounced in the North-East direction and is favourable for health. This gets corroborated by the fact even in many foreign countries sun bath is taken and the people spends long hours in the open to get sunrays directly which keep them in good health and indomitable spirit. With specific reference to India it can be undisputedly stated that even while doing “Surya Namskar” (*Sun Salutation*). Our facing is directly in contact with Sun God or so to say East region. Similarly, even while working out Yoga, *the preferred facing toward East direction*. Due to several such scientific reasons it is always beneficial to face North-East direction during the worship. When exact North-East position is not possible for worship place, then we can keep worship place in North or East direction (as shown in Fig. 3).

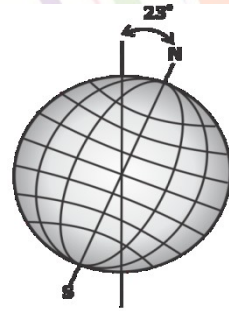


Figure 2:  
Vastupurush Mandal

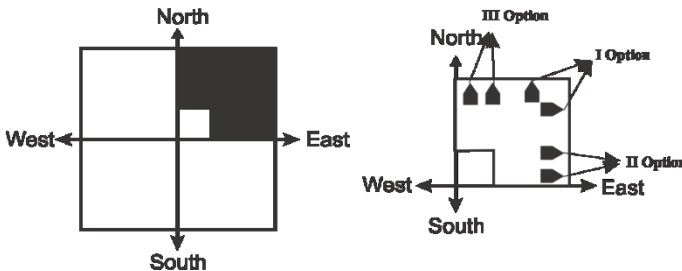


Figure 9: Positive Position of Worship Place



The worship place should not be in the basement, because basement is a dark and dingy place and one cannot benefit from the morning sun rays here. The worship place should not be in the bedroom or kitchen. Many people may feel uncomfortable to lie around with their feet pointing towards the religious idols, as they believe it is disrespectful act to God. In the kitchen constant presence of female members and probability of preparing non-vegetarian food, placing of worship place in kitchen should be avoided. If the kitchen or bedroom of our premises is in North-East direction, priority should be given to worship place and we should explore the possibility of shifting the bedroom or kitchen at appropriate place as per Vastushastra. However, if this is not possible, we have to ensure the sanctity of worship place in kitchen or bedroom as the case may be. If master bedroom is located in North-East direction, there is another possibility of living room in South-West direction of premises. In such case, we should sleep in South-West region and install worship place in North-East direction. The worship place should not be near or above the toilet. The toilet causes disturbance when people use it and also the stench (polluted smell) can distract our concentration while one is meditating or worshipping. Psychologically also, it creates negative energetic feeling in the minds of worshiper which may vitiate their concentration in worship/meditation.

#### **4) Problems arising due to worship place not being in North-East direction:**

When worship place is not in North-East direction, there are so many problems experienced by occupant of the premises.

The problems like

1. Important work getting stuck up even in the last stage.
2. Not being successful although there are opportunities and close to fulfilling our expectation and desire having resorted even to last straw on the camel's back.
3. Experiencing problem of undiagnosed disease or undetected cases of diseases with family member(s).
4. Decline in our social and economic status and standing. Likewise a serial chain of problems are faced.

If worship place is not located in North-East direction, then shift the worship place in positive direction i.e. North-East direction. In such cases, there will be some problems like controversy, quarrel, some health issue, difficulties surfacing suddenly in the initial stage of such change, but slowly

and surely, you will start getting positive effect of change in location of worship place and positivity so created will drive away the negative energies. Generally, aftermath positive effects consequent to change in worship place will be experienced in short time. It may not warrant long passage of time.

## 5) Methodology

### 5.1) Sample

The sample comprised of 482 residential premises not having worship place in North-East direction. We have analysed about 31,000 premises evaluation cases in 18 years of our existence of which perfect data comprise of about 25,000 cases is available. From this, we selected 482 cases which are 100% in agreement with criterion of vastu defect arising due to worship place being not in North-East direction/region. Thus, finally 482 cases were considered for research work.

### 5.2) Data Analysis Technique

The data analysis is conducted by Google Form system and Microsoft Excel 2010.

### 5.3) Procedure

Firstly, we examine entire premises completely. Secondly, we draw the diagram of premises with perfect dimension. Thirdly, center point vastu is calculated which is popularly known as Brahmasthan and 8 directions are set on the diagram of premises with the help of oil based magnetic compass, followed by finding location of worship place in premises. If worship place is not located in North-East direction as per Vastushastra, we suggest shifting of worship place in positive direction i.e. North-East direction. By using this methodology we have analyzed 482 cases.

## 6) Result

We analyzed 7 major concerns/parameters, in case where worship place is not located in North-East direction as per Vastushastra and studying the effects after shifting of worship place in positive direction as per Vastushastra prescription.

- Problems experienced when Temple (Worship Place) was located in wrong direction other than desired location in North-East direction.

### i) . Important works getting stuck up at least in last stage?

We have studied total 478 cases not having temple (worship place) in North-East direction as per Vastushastra out of that 357 cases have experienced problem of important works getting stuck up at least in last stage. That

means 75% cases faced the dilemma of important work having got stucked up (as shown in Table 1).

**Table 1: Summery of Statistical Analysis and Evaluation**

Total Cases	478
Important works stucked up at least in last stage?	357
Percentage	75%

**ii) Not being successful although there were opportunities and they close to fulfilling your expectation and desire?**

We have studied total 469 cases not having temple (worship place) in North-East direction as per Vastushastra out of which 315 cases were having problem of not being successful although there were opportunities and they were close to fulfilling their expectation and desire. That means 67% cases experienced same/similar problem during their life time (as shown in Table 2).

**Table 2: Summery of Statistical Analysis and Evaluation**

Total Cases	469
Not being successful although there were opportunities and they were close to fulfilling your expectation and desire?	315
Percentage	67%

**iii) Did they experience problem of undiagnosed disease or undetected cases of diseases with any of the family members?**

We ascertained in 455 cases not having temple (worship place) in North-East direction as per Vastushastra, to ascertain whether premises occupants experienced problem of undiagnosed disease or undetected cases of diseases with any of the family members? The 320 cases stated that they suffered from problem of undiagnosed disease or undetected diseases. That means 70% cases experienced problem of undiagnosed disease or undetected diseases with their family member(s) (as shown in Table 3).

**Table 3: Summery of Statistical Analysis and Evaluation**

Total Cases	455
Did they experience problem of undiagnosed disease or undetected cases of diseases with any of the family members?	320
Percentage	70%

#### iv) Was their social and economic status on the decline?

We asked in 469 cases not having temple (worship place) in North-East direction as per Vastushastra, to know from them whether their social and economic status was on the decline? Out of 469 cases, 346 people/cases replied that their social and economic status was declining. That means 74% cases faced the problem of declining social and economic status (as shown in Table 4).

**Table 4: Summery of Statistical Analysis and Evaluation**

Total Cases	469
Was their social and economic status on the decline?	346
Percentage	74%

#### 2 Effect/result after shifting temple (Worship Place) in right direction

After premises evaluation, we are suggesting to relocate Temple (Worship Place) in positive direction (i.e. North-East direction) as per Vastushastra. In totally 482 premises, we suggested to shift temple (worship place) in North-East direction and observed effect/result after shifting temple (Worship Place) in right direction. Out of these, 404 cases i.e. 84% people/premises occupant's experienced comparatively homely house environment. In 374 cases that means 78% cases were attracted towards spiritual services. In 334 cases that means 69% people experienced positive effect and their works got through which was not the case earlier. In 300 cases that means 62% cases experienced diseases have been properly detected and diagnosed through proper medication (as shown in Table 5).

**Table 5: Summery of Statistical Analysis and Evaluation**

Effect after shifting temple (Worship Place) in right direction	Total cases	Percentage
Comparatively house environment is homely.	404	84%
Attracted towards spiritual services.	374	78%
Stucked up works got through.	334	69%
Diseases have been properly detected and diagnosed through proper medication.	300	62%

#### 3) Problems arising in the initial stage after change in location of temple (worship place).

After relocating temple (Worship Place) in right direction, some problems arise in the initial period, because after shifting of spiritual energy in auspicious/positive direction (North-East direction), spiritual energy generates positive energy. In initial stage extent of positive energy is low and

extent of negative energy is high, that is why negative energy overpowering effect on positive energy. This is known as **healing clashes**. After some time level of positive energy increase and presence of negative energy completely vanishes. Due to healing clashes, some problems may arise at the initial stage. For this study, we selected 482 cases in which worship place was shifted in right direction. Out of that, 294 cases i.e. 61% cases suffered from controversy. In 317 cases i.e. 66% cases suffered from quarrelsome situation. In 275 cases i.e. 57% cases suffered from health issue. In 290 cases i.e. 60% cases suffered from sudden difficulties (as shown in Table 6).

**Table 6: Summary of Statistical Analysis and Evaluation**

Did they experience following problems initially after change in location of temple in right direction.	Total Cases	%
Controversy	294	61%
Quarrel	317	66%
Health issue	275	57%
Sudden difficulties	290	60%

#### **4 Intensity and gravity of problems mentioned above got reduced within about 15-45 days after change in location of Temple place in right direction.**

We have seen above the problems arising due to worship place in wrong direction. After changing place of worship place in right direction, we experienced positive result within about 15-45 days. After relocation of worship place in auspicious direction, about 15-45 days are sufficient to increase intensity of positive energy in premises. For this study we asked the question “did the intensity and gravity of problems mentioned above got reduced within about 15-45 days and thereafter?” in 482 cases. Out of these, 366 cases stated “yes”, that means 76% cases experienced declining intensity and gravity of problems within about 15-45 days after shifting place in right direction (As shown in Table 7).

**Table 7: Summary of Statistical Analysis and Evaluation**

Total Cases	482
Intensity and gravity of problems mentioned above got reduced within about 15-45 days after change in location of worship place in right direction.	366
Percentage	76%

## **8) Conclusion**

Enriching human life through natural energy forces is the basic objective and aim of Vastushastra. But human beings of 21st century try to deviate from

basic natural principles of Vastushastra that means they are creating problems, for themselves. Temple (Worship Place) should be in North-East direction otherwise problems like work getting stucked up, not being successful in fulfilling desire, undiagnosed/undetected diseases, decline in social and economic status etc. After shifting temple (Worship Place) in right direction, 76% house occupants experienced reduction in intensity and gravity of problems. So, Temple (Worship place) must be placed in North-East direction of house as prescribed in Vastushastra.

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*Pratibha  
Spandan*